

## In the Light of Truth – The Grail Message, 3 Volume Composite Edition (Linen bound)

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### **For your guidance!**

The bandage falls, and belief becomes conviction. Liberation and redemption lie only in conviction!

I am addressing earnest seekers only. They must be able and willing to examine this matter objectively! Religious fanatics and irresponsible enthusiasts may hold aloof, for they are detrimental to the Truth. As for the malevolent and prejudiced, they shall find their sentence in the very words.

The Message will strike only those who still carry within them a spark of truth, and the yearning to be true human beings. To all such it will become the shining light and staff. It will lead them unswervingly out of all the chaos of the present-day confusion.

The following Word does not bring a new religion, but is intended as the torch to help all serious listeners or readers find the right path, which leads them to the longed-for height.

Only he who bestirs himself can advance spiritually. The fool who uses extraneous aids for this, in the form of the ready-made opinions of others, only walks his path as if on crutches, while ignoring his own healthy limbs.

But the moment he boldly uses all the abilities which lie dormant within him awaiting his call, to help in his ascent, he is employing the talent entrusted to him in accordance with his Creator's Will, and will easily overcome all obstacles that seek to divert him.

Therefore awake! Genuine faith lies only in conviction, and conviction comes solely through an inflexible weighing and examining! See that you are truly alive in the wonderful Creation of your God!

**Abd-ru-shin**

### **What seek ye?**

*What seek ye?* What is all this tumultuous agitation? It permeates the world like a ferment, and a flood of books overwhelms all peoples. Scholars pore over ancient writings, investigating and pondering until spiritually exhausted. Prophets arise to warn, to predict ... suddenly from all sides people strive feverishly to spread new light!

Thus it rages now over the troubled soul of mankind, not refreshing and invigorating, but scorching, consuming, absorbing the last vestiges of strength still left to the afflicted one in this gloominess of the present time.

Here and there also a whispering is heard, rumours of a growing expectation of something impending. Every nerve is restless, tense with subconscious longing. There is seething and surging, and over everything lies a kind of ominously brooding stupor. Fraught with disaster. What *must* it bring? Confusion, despondency and ruin, unless a mighty hand tears asunder the dark layer that now envelops the terrestrial globe spiritually. With the slimy tenacity of a dirty morass, absorbing and smothering every ascending free light-thought before it has become strong; with the gruesome silence of a swamp, suppressing, disintegrating, and destroying every good volition even in the bud, before any action can arise from it.

But the seekers' cry for light, imbued with strength to cleave through the mire, is turned aside and dies away beneath an impenetrable canopy, assiduously set up by the very people who think they help. *They offer stones for bread!*

Look at the innumerable books:

*They do not animate, they only weary the human spirit!* And this is the proof of the barrenness of all they offer; for whatever wearies the spirit is never right.

*Spiritual bread immediately refreshes, Truth revitalises and Light animates!*

Simple people must surely despair when they see what walls are being built around the beyond by so-called psychic science. Who among the simple is to grasp the learned sentences and strange expressions? Is the beyond, then, intended exclusively for psychic scientists?

They speak of God! But is it necessary to set up a university in order first of all to acquire the abilities to recognise the conception of the Godhead? To what lengths will this mania, which is mostly rooted only in ambition, drive them?

Readers and listeners stagger along like drunkards from one place to another – unsteady, not free in themselves, one-sided, because they have been diverted from the simple path.

Listen, you despondent ones! Lift up your eyes, you who are seriously seeking: *The way to the Highest lies open to every human being! Proficiency in learning is not the gate to it!*

Did Christ Jesus, that great example on the true path to the Light, choose His disciples among the learned Pharisees? Among the Scribes? He took them from the simple, natural people, because they had no need to struggle against this great delusion that the way to the Light is hard to master, and must be difficult.

*This thought is man's greatest enemy, it is a lie!*

Thus turn away from all scientific knowledge, where it is a question of what is most sacred in man, which must *be fully grasped!* Leave it alone; for science, being a product of the human brain, is piecework and must remain piecework.

Consider, how should scientific knowledge, acquired by laborious study, lead to the Godhead? *What, after all, is knowledge?* Knowledge is what the brain can conceive. Yet how very limited is the perceptive capacity of the brain, which remains firmly bound to space and time. Even eternity and the meaning of infinity cannot be grasped by a human brain. Just that which is inseparably linked with the Godhead.

But the brain stands silent before the incomprehensible power streaming through all that exists, from which it derives its own activity. The power which everyone intuitively perceives as a matter of course every day, every hour, every moment, whose existence science too has always recognised; whereas with the brain, that is with the knowledge and intellect, one seeks in vain to grasp and comprehend it.

So inadequate is the activity of a brain, the basis and instrument of science, and this limitation naturally also affects what it produces, hence all science itself. Thus science does indeed *subsequently* help to elucidate, classify and arrange all that it receives ready-made from the creative power which precedes it; but when it seeks to assume leadership or offer criticism, it must inevitably fail so long as it binds itself so firmly to the intellect, that is, to the perceptive capacity of the brain, as it has done hitherto.

For this reason erudition, along with those who adjust themselves to it, always remains clinging to details; whereas each man carries within himself, as a gift, the great inconceivable whole, and is fully capable of attaining to the noblest and highest without laborious study!

Therefore away with this needless torture of spiritual enslavement! Not for nothing does the great Master exhort us: "Become like children!"

He who bears within himself the firm volition for what is good, and strives to give purity to his thoughts, *has already found the way to the Highest!* All else will then be added unto him. This requires neither books, nor spiritual strain; neither asceticism, nor solitude. He will become sound in body and soul, freed from all pressure of morbid pondering; for all exaggeration is harmful. You are meant to be human beings, not hothouse plants which through one-sided cultivation succumb to the first puff of wind!

Awake! Look around you! Listen to your inner voice! That alone can open the way!

Heed not the dissensions of the churches. The great Bringer of Truth, Christ Jesus, the personification of Divine Love, did not concern Himself with creeds. After all, what are the creeds today? A shackling of the free spirit of man, enslavement of the Divine spark dwelling within you; dogmas that seek to compress the work of the Creator, and also His great Love, into forms moulded by the human mind. This indicates a dishonouring of Divinity, a systematic disparaging.

Every serious seeker is repulsed by such things, because they prevent him from ever experiencing the great reality within himself. As a result his longing for the Truth becomes increasingly hopeless, and finally he despairs of himself and of the world!

Therefore awake! Shatter the walls of dogma within you, tear off the bandage, so that the pure Light of the Highest may reach you undimmed. Then your spirit will soar aloft in exultation, jubilantly sensing all the great Love of the Father, which knows no limitations of earthly intellect. You will at last know that you are a part of this Love; you will grasp It easily and completely, unite with It, and thus gain new strength daily and hourly as a gift, enabling you to ascend out of the chaos as a matter of course!

## **The call for the Helper**

Just let us look more closely at all those people who today with special eagerness are seeking a spiritual helper, those who, inwardly uplifted, are awaiting him. In their opinion they themselves are already thoroughly prepared spiritually to recognise him and to hear his word!

On calm observation we notice a great many factions. Christ's Mission, for instance, affected so many people in a strange way. They formed a false picture of it. As usual, this was due to their wrong self-assessment, their presumption.

Instead of the former veneration and the preservation of a natural gulf and sharp demarcation towards their God, there has arisen on the one hand a plaintive begging which always wants only to receive, but on no account to contribute anything

itself. They certainly accepted the “pray”, but refused to acknowledge that this was also coupled with “and work” – “work on yourself”.

Again, on the other hand, people imagine they are so self-reliant, so independent, that they can do everything themselves, and with a little effort even become Divine.

There are also many people who only demand and expect God to run after them. Inasmuch as He had already once sent His Son, He proved thereby how greatly concerned He is that mankind should draw near to Him, indeed that He probably even needs them!

Wherever one turns there is nothing but presumption to be found in all things, no humility. True self-assessment is lacking. –

In order *really* to be a *human being*, and begin his ascent as *such*, it is first of all necessary for man to descend from his artificial height.

Today, spiritually puffed up, he is sitting in a tree at the foot of the mountain, instead of standing with both feet firmly and securely on the ground. Thus unless he first comes down or falls from the tree he will obviously never be able to climb the mountain.

Meanwhile, however, all those who went their way calmly and sensibly on the ground beneath his tree, and upon whom he looked down so haughtily, have probably arrived at the summit.

But events will come to his aid; for in the very near future the tree *will* fall. When he is so roughly shaken down from his precarious perch, perhaps man will then once more come to his senses. But for him it will then be high time, he has not a single hour left to waste.

Many now think that life can continue in the old way, as it has done for thousands of years. Stretched out comfortably in their armchairs, they are awaiting a strong helper.

But *how* do they depict this helper! It is really pathetic!

In the first place they expect or, just to be quite correct, *demand* that *he* should prepare the way upward to the Light for each individual! *He* must exert himself to build bridges to the path of the Truth for the adherents of *every* religious faith! *He* must make it so easy and intelligible that everyone can understand it without effort. His words must be so chosen that their rightness will immediately convince one and all.

As soon as man must exert himself and think for himself, then the helper is not a proper helper. For if he is called to lead and to show the right way through his word, he must then naturally also exert himself for men. It is *his* duty to convince men, to awaken them! After all, Christ also gave His life.

Those who think in this way today – and there are many who do so – need not begin to trouble themselves, for they are like the foolish virgins, they face the “too late”!

The helper will surely *not* awaken them, but will let them sleep quietly on until the gate is closed and they can find no entrance into the Light, because they cannot free themselves in time from the sphere of matter, for which the word of the helper showed them the way.

For man is not as valuable as he imagined. God does not need him, but he does need his God!

Since in their so-called progress mankind today no longer know what they really *want*, they will at last have to experience what they *must*!

As they both seek and criticise in a supercilious way, this type of people will pass by, just as even at that time so many also passed by *Him* for Whose coming everything had already been prepared through the revelations.

How can one possibly envisage a spiritual helper *thus*!

He will not *budge an inch* to make concessions to mankind, and wherever he is expected to give he will *demand*!

*That* man who is capable of serious reflection, however, will immediately recognise that *just this strict and uncompromising demand* for attentive thinking contains what is best, and what mankind, already so deeply entangled in spiritual indolence, need for their salvation! It is just by demanding spiritual alertness right from the beginning, together with an *earnest* volition and self-exertion for the understanding of his words, that a helper easily separates the grain from the chaff already at the outset. An automatic working lies in this, as it is in the Divine Laws. Here, too, men receive exactly according to their actual volition. –

But there is yet another class of people who fancy themselves particularly alert!

Naturally these have formed an entirely different picture of a helper, as can be read from reports. It is no less grotesque, however, for they expect him to be ... a spiritual acrobat!

In any case, thousands already suppose that clairvoyance, clairaudience, clairsentience, etc., indicate great progress, which is really *not* so. These arts, whether acquired, cultivated, or even a natural gift, can never rise above the constraint of this earth, thus they only operate within low limits, can never claim to any height, and are therefore almost worthless.

Is *that* the way to help the ascent of mankind – showing them, or teaching them to see and hear, ethereal things which are on the same level as they are?

This has nothing to do with the actual ascent of the spirit, and is to equally little purpose for earthly happenings! They are minor spiritual tricks, nothing more, interesting to the individual, *but utterly useless* to mankind as a whole!

That all such people wish for the same kind of helper, but one even more proficient than themselves, is indeed readily understandable. –

Yet there are a great many who carry matters much further in this respect, even to the point of absurdity. And who are nevertheless perfectly serious about it.

For example, one of the fundamental conditions they impose to prove he is genuine is that a helper ... must be immune from catching a cold! He who does so is already disqualified; for in their opinion this does not correspond to an ideal helper. At all events, a strong helper must as a first essential be completely above these trifles with his spirit.

This may sound fanciful and ridiculous; but it is only based on facts, and suggests a faint repetition of the former cry: “If Thou be the Son of God, save Thyself and come down from the cross!” – They are already calling out the same today, even before such a helper is in sight at all!

Poor, ignorant men! He who trains his body so *one-sidedly* that it is rendered temporarily insensible under the power of the spirit is by no means great or eminent. Those who admire him are like children of former times, watching with open mouth and shining eyes the antics of travelling clowns, and filled with a burning desire to emulate them.

And a great many so-called spirit-seekers or God-seekers of today are no further advanced in the *spiritual* field than the children of bygone days were in this quite *earthly* field!

Just let us consider a little further: The vagrants of olden times, of whom I have just spoken, developed themselves increasingly and became acrobats in circus and music-hall. Their skill grew prodigious, and even now thousands of sophisticated people watch these feats every day in perpetual wonder, often inwardly shuddering.

Yet do they *themselves gain* anything from it? What do they take away with them after such hours? Although many an acrobat even risks his life during his performances. Nothing whatever! For even at the peak of perfection all these things will *always* remain strictly limited to music-hall and the circus. They will always serve only to amuse, but never lead to any advantage for mankind.

Yet people now look for *such* acrobatic feats in the *spiritual* field as the standard by which to measure the great helper!

Let such people keep their spiritual clowns! They will soon enough experience where this leads! They have really no idea *what* they are actually pursuing thereby. They imagine that only he is great whose spirit so controls his body that it no longer suffers illness!

All such development is one-sided, and one-sidedness brings only what is unhealthy and diseased! These things do not *strengthen the spirit*, but only *weaken the body*! The balance necessary for healthy harmony between body and spirit is disturbed, and as a result such a spirit finally severs itself much sooner from the maltreated body, which can no longer provide the strong healthy resonance needed for earthly experience. But then the spirit *lacks* this experience, and enters the beyond while still *immature*. It will have to live its earth-life *once again*.

These are spiritual tricks, nothing more, performed at the expense of the earthly body, which should in reality *help* the spirit. The body *belongs* to an epoch in the spirit's development. But if it is weakened and suppressed it cannot be of much use to the spirit either; for its radiations are too feeble to provide the full power that the spirit needs in the World of Matter.

If a man wishes to suppress an illness he must spiritually bring about the pressure of an ecstasy on the body, just as in a minor degree fear of the dentist may suppress toothache.

The body may be able to stand such intense stimulation once, perhaps even several times, unharmed, but not continually without suffering serious damage.

And if *that is* the practice or advice of a helper, he is not worthy to be a helper; for he is thereby transgressing the Natural Laws in Creation. Man on earth should cherish his body as property entrusted to him, and strive to achieve healthy harmony between spirit and body. To disturb this through one-sided suppression is neither progress nor ascent, but a decisive obstacle to the fulfilment of his task on earth, as *in the World of Matter* in general. The full power of the spirit as regards its

effectiveness *in the World of Matter* is thereby lost, since this definitely calls for the strength of a physical body which is not enslaved but which harmonises with the spirit!

He who is accounted master on such grounds is less than a pupil who knows nothing whatever of the tasks of the human spirit, nor of what is required for its development! He is even detrimental to the spirit.

They will come soon enough to the painful recognition of their folly.

Every false helper, however, will have to undergo *bitter* experiences! His ascent in the beyond can only begin *when the very last* of all those whom he has held up or even led astray by spiritual trifling has come to recognition. As long as his books and writings continue to influence men on earth, he will be held fast in the next world, even if in the meantime he has come to a better understanding there.

He who recommends occult training gives men stones instead of bread, thereby proving that he has not even the faintest idea of what *actually* takes place in the beyond, still less of the complete mechanism of the Universe! –